

# Intraoperative Vasopressin Pre- and Post-Surgery Checklist



## What to Expect

Hysteroscopic myomectomy is usually done with anesthesia, so you'll most likely be unconscious during the procedure.

If your surgeon plans to use vasopressin, they will likely inject it after you've fallen asleep and before the fibroid is removed. It may also be used at other points during the procedure if bleeding increases.

## What to Prepare

Here's what you'll need to do before your procedure:

- Complete blood work or other tests your surgeon orders to confirm you're healthy enough for surgery
- Review your medication history with your provider (including prescriptions, over-the-counter meds, and supplements)
- Stop taking blood-thinning medications like aspirin a few days before your surgery
- Fast for around 8 hours before your surgery

In some cases, you may also be asked to take specific medications that will soften your cervix for easier access during the operation. Your provider will let you know if you need to do this.

## Questions for Your Doctor

If you are curious about this procedure, here are some questions you may want to ask your healthcare provider:

- Am I a good candidate for hysteroscopic myomectomy based on the size, type, and location of my fibroid(s)?
- What benefits can I reasonably expect, and how soon am I likely to notice improvements?
- Do you plan to use vasopressin during my procedure? Why or why not?
- Are there any reasons vasopressin may not be safe for me (such as heart conditions, blood pressure issues, or other medications)? What would you use instead?
- Is there anything I should keep an eye out for after my procedure, and when should I call you?

## Post-Surgery Recovery Process

Recovery is usually straightforward, but it's important to follow your surgeon's instructions closely. Here's what many patients experience after the procedure:

- Mild cramping or light bleeding is common, especially in the first day or two.
- You may notice increased watery discharge for a short time as your body clears out remaining fluid from the procedure.
- Most people can return to normal activities within days, depending on what was removed and how their body responds.
- Your provider will recommend a follow-up appointment. They will also tell you what symptoms should prompt you to call them, such as heavy bleeding, fever, or severe pain.